

You  
are  
my  
hero



You  
are  
my  
hero



You  
are  
my  
hero

← Draw your hero here.

You  
are  
my  
hero

← Draw your hero here.



PLACE  
POSTAGE  
HERE



<http://nrca.calb.com/healthyparenting>

Developed by University of Missouri and Lincoln University in collaboration with USDA, DoD and Virginia Tech, under USDA Agreement No. 99-EXCA-3-0823



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POSTAGE  
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